



Comprehensive, experiential training in the theory, techniques and practice of somatic psychotherapy for professional development and personal growth leading to certification by the International Institute for Bioenergetic Analysis.

TRAINING PROGRAMS IN BIOENERGETIC ANALYTIC THERAPY ARE CURRENTLY OFFERED IN THE FOLLOWING LOCATIONS:

CANADA

ATLANTIC:

www.bioenergetictherapy.ca

CENTRAL (ONTARIO):

www.bioenergetics-canada.com

QUEBEC:

www.soqab.com

SOUTHERN ONTARIO/MICHIGAN:

Contact Alex Munroe:

519-747-9031, amunroe@golden.net

NZ

New Zealand Society for Bioenergetic Analysis

www.bioenergetics.org.nz

USA

CALIFORNIA, SOUTHERN:

www.bioenergetics-sciba.org

MASSACHUSETTS:

www.massbioenergetics.org

NEW YORK:

www.bioenergetics-nyc.org

TEXAS:

www.bioenergetics-dallas.com

NANZIBA.COM

NORTH AMERICAN & NEW ZEALAND
INSTITUTES OF BIOENERGETIC ANALYSIS

AFFILIATED WITH THE INTERNATIONAL
INSTITUTE FOR BIOENERGETIC ANALYSIS

Looking for a new way to expand your practice?

Interested in deepening your work with body based theory & techniques?

WE INVITE YOU

**PROFESSIONAL
TRAINING
PROGRAM IN
BIOENERGETIC
ANALYSIS**



THE BIOENERGETIC TRAINING PROGRAM

provides in-depth training in Modern Bioenergetic Analysis following the guidelines and curriculum of the International Institute for Bioenergetic Analysis.

The training includes both didactic and experiential teaching methods, along with relevant readings, discussions, and extensive group work. Trainees who successfully complete the full training program are eligible to apply to become Certified Bioenergetic Therapists.

In addition to the theory and practice of Bioenergetic Analysis the program focuses on the therapist's use of oneself as a conduit of healing.

PARTICIPANT OPPORTUNITIES

Deepen your capacity to intervene in the full range of issues.

Learn to address traumas including those for which there are no words.

Expand your knowledge of body based techniques to use in your practice.

Gain awareness of the link between early relational traumas & current life struggles.

Incorporate current neuroscience and trauma research into practice.

Cultivate your own embodied vitality in a supportive group.

Participate in an active international community with regular conferences & trainings.

TRAINING PROGRAM OVERVIEW

The complete program consists of 4 years of training with an average of 5-7 weekends per year. In the first 2 years of training, students focus on learning basic Bioenergetic concepts and on personal growth. Students are invited to learn about their own character structure, bodily experience and personal history. The third and fourth years of training involve a clinical focus devoted to studying various aspects of the therapeutic process from a Bioenergetic perspective. Students are required to be both therapists and clients within the group under close supervision.



Understanding how our history shaped our present, how our character structure evolved, and how we can decrease our fears and energetic blocks, we can move toward being the therapists we strive to be. Ultimately, as Bioenergetic therapists, our bodily experience and our personal development guide our work. Thus, we place a strong emphasis on individual Bioenergetic therapy for trainees, both in the group and with their personal therapist.

THE BIOENERGETIC TRAINING PROGRAM WAS A GAME CHANGER FOR HOW I PRACTICE AND A LIFE CHANGER FOR ME PERSONALLY. THE DEPTH AND COMPLEXITY OF HUMAN DEVELOPMENT AND TRAUMA EXPERIENCE WHICH WAS EXPLORED AND TAUGHT IN THIS PROGRAM HAS SET ME APART FROM COLLEAGUES... AND BECAUSE THE PROGRAM HAS SUCH A STRONG EXPERIENTIAL COMPONENT, I HAVE GROWN AND DEVELOPED AS A PERSON IN A WAY THAT I HAVE DEEP COMFORT, CONFIDENCE, AND PEACE WITH MYSELF AS A THERAPIST.

- Ann C. of Michigan